

AGENDA

Day 1

4:00PM	Arrive and Settle In
6:30PM	Introduction Speech, Re-group, Update Motivate
7:00PM	Dinner in Dining Hall
8:00PM	Stargazing
9:30PM	Closing Circle

Day 2

8:00AM	Breakfast
9:00AM	Icebreaker Activity
9:45AM	Group Activity Nature Walk
11:00AM	Free Time
12:00PM	Lunch in Dining Hall
1:00PM	Free Time
2:00PM	Group Activity Discussion on Future Planning
6:00PM	Dinner in Dining Hall
7:00PM	Meditation Sharing Stories
8:00PM	Make your own Ice Cream Sundaes
9:30PM	Closing Activity

Day 3

8:00AM	Breakfast
9:00AM	Group Activity Icebreaker
10:00AM	Free Time
12:00PM	Closing
12:30PM	Lunch
2:00PM	Departure

Free Time Activities Ideas

Craft Art Circle
Reading
Walking through town
Share Stories
Nature Hike
Birding