

CAMP GUALALA 2006 MENU



We are proud to serve home-baked breads, rolls, and desserts, and the freshest in-season fruits and vegetables possible. We make every attempt to accommodate special dietary requests due to food allergies as well as alternative menu items for vegetarians. Please note that due to time and facility constraints, lunch and dinner menu items are not interchangeable. Feel free to contact us with any questions or concerns. Bon Appetit!

Breakfast Options

All breakfasts are served with a cold cereal bar, hot oatmeal, fruit, juice, coffee, and tea.

- Scrambled Eggs, country potatoes, biscuits
- Pancakes, hot spiced apples
- French Toast, hot peaches
- Breakfast burritos

All of the above served with your choice of bacon, sausage links, or ham.

Lunch Options

All lunches are served with a tossed green salad, fresh fruit, dessert, coffee, and tea. A vegetarian alternative (e.g., Garden Burgers with the Burger Bar) will be served for the specified number of vegetarians

- Grilled Cheese Sandwiches, homemade soup
- Burrito Bar, refried beans, Mexican rice, condiments
- Burgers (specify beef or turkey), choice of potato chips, french fries, potato salad, or macaroni salad
- Cold Sandwich Bar (turkey, ham or roast beef, tuna or egg salad, swiss cheese, cheddar cheese, lettuce, tomatoes, condiments), choice of potato chips, potato salad, or macaroni salad
- Pizza Bar
- BLTs, choice of potato chips, potato salad, or macaroni salad
- Chili
- Oven-toasted Ham & Cheese Hoagies, choice of potato chips, french fries, potato salad, or macaroni salad
- Oven-toasted Roast Beef & Cheddar Hoagies, choice of potato chips, french fries, potato salad, or macaroni salad
- Macaroni and Cheese (with ham, optional)
- Hot Dogs (Miller 100% beef), choice of potato chips, french fries, potato salad, or macaroni salad

Dinner Options

All dinners are served with salad bar, bread, dessert, coffee, and tea. A vegetarian alternative (e.g., Tofu Stir-Fry for Asian Stir-Fry) will be served for the specified number of vegetarians

- Herb-Roasted Chicken, mashed potato, seasonal vegetable
- Asian Stir-Fry (beef or chicken and vegetables), basmati rice
- Lasagne (specify meat or spinach)
- Spaghetti (meat sauce or vegetarian), garlic bread, green vegetable
- Chicken Fajitas, refried beans, Mexican rice, condiments
- Baked Cod Fillets, potatoes, vegetable
- Baked Ham, macaroni and cheese